



Covington Community Sports Youth Volleyball

Description:

This league is designed to teach boys and girls ages seven to sixteen the fundamental skills of volleyball in a fun environment.

Size of Court:

The court shall measure 25' x 25' on each half. Net height for 7/8 and 9/10 division are 6'6". Net heights for the older divisions are 7'0". For the 7/8 Division the service line may be moved 5 feet closer to the net, while encouraging mastering from the back line. If serving overhand, the serve must be from the back line. Kent School District facilities are utilized in the running of this program.

Players:

Each age group will field 6 positional players on the court while additional players will rotate in at the serve position. Each player is to play at least one half of each game they attend. Roster sizes are decided upon at registration deadline to ensure team balancing. (Updated 10/8 for clarification)

Player Equipment:

The team's appointed jersey and non-marking shoes are mandatory. A normal regulation volleyball will be used for all divisions. Knee pads and water in a water bottle is recommended. The KSD gym rules prohibit any other liquid, including sports drinks from the gymnasiums.

Jewelry and metal/plastic hair clips are not allowed.

Headgear is not permitted unless for religious or medical reasons (with a doctor's written release and CCS staff approval.) In the event that head covering is required, the covering or wrap must not be abrasive and unlikely to come off during play.

Players are not allowed to participate with a guard, cast or brace made of hard and unyielding leather, plaster, pliable (soft) plastic, metal or any other hard surface, even though padded, on the finger(s), hand, wrist, forearm or elbow. Supports are permitted on other parts of the body as long as they are soft and yielding (like a thigh sleeve) or covered – all metal frames on any braces shall be padded.

Artificial limbs are permitted when, in the judgment of the CCS staff, they are no more dangerous than the corresponding human limb or adequately padded.

Any equipment, which in the judgment of the CCS staff, increases a player's advantage, is prohibited.

Referees:

Referees will be appointed for each scheduled match. The referee will stop and start the action and make final decisions on all playing rules.

Length of Game:

Each game is played until one team obtains 25 points through rally scoring. A team must win by a minimum of 2 points. The length of time between games shall not exceed 3 minutes.

Length of Match:

A match consists of three games. The match winner is the team that wins two out of three games. The third game shall be optional unless it is necessary to determine the winner of the match.

Time Outs:

Each team will be given 2 one-minute time outs per game; however, time-outs do not carry over to the next game or match if unused.

Forfeits:

A game shall be declared a forfeit when:

- A. A team has fewer than 5 players to start a match; a team refuses to play when directed to do so by the referee;
- B. A coach is removed from the premises for unsportsmanlike conduct and no authorized representative is present to assume responsibility for the team.

The score of a forfeited game shall be 25-0.

Substitutions:

Rotation in on the serve is the most efficient way to allow equal playing time for each player.

Scoring:

Games are played to 25 points with rally scoring. A point is scored when possession changes, the defending team misses the ball, puts the ball out of bounds, or has more than three hits.

Rules of Play:

The following rules are in effect for the league:

A. Serves:

1. Players may not block the serve.
2. Players must wait for the whistle before serving.
3. Serves may be overhand or underhand.
4. Serves above the head must be made with open hands.
5. In order to re-serve a player must allow the ball to drop (not catch it) and wait for a new service signal. (The whistle is not re-blown).
6. A player must not step over or on the service line while serving.
7. A player may serve from anywhere behind the serve line.
8. Overlapping before a serve is not allowed. (i.e. back row players may not be in front of the players positioned directly in front of them.) Players will not be allowed to position themselves laterally beyond the player adjacent to them.
9. If the serve hits the net (let serve) the ball is playable.

B. Volley

1. If the volley hits the net, play continues. When the ball rebounds off of the net it can be played.
2. A team has three hits to get the ball over the net.
3. The same player may not contact the ball twice in a row, unless the first contact was a legal block or attempted block.
4. "Fisting" or using a "wall-ball" hit is not allowed.
5. Playing the ball out of the net counts as one of the three allowable contacts.
6. An attempt at blocking a ball that comes over the net (onto the blockers side) does not count as one of the three allowable contacts.
7. Player may not "carry" the ball. It cannot "rest" during contact but leave the player's body quickly.
8. One armed digs or saves are allowed.

C. Violations: The following offenses will be awarded with a point or side out (the serve goes to the opposition).

1. The ball hits the playing surface.
2. The ball comes to rest (regardless of the skill being performed.)
3. A player touches the net.
4. A player's foot completely crosses the centerline, going on the other team's portion of the court. If any part of a player's body above the waist touches the opponent's side of the court it is a violation.
5. A player touches the ball twice in a row with the exception of following a block.
6. A team contacts the ball more than three times consecutively, except when blocking.
7. A ball lands outside the court or touches an object outside the court.
8. A player steps on the line while serving.
9. A player attacks or blocks the ball when it is completely on the opponent's side of the net and before the opposing team has contacted it.
10. A ball that touches a wall, objects mounted flush with a wall, any part of a backboard that is hanging over a playable area (supports are considered part of the backboard) or objects on the floor outside the court.
11. The ball touches the floor completely outside the court's boundary lines.
12. The ball does not pass over the net entirely between the boundary lines.

The Official will use his or her judgment in enforcing the spirit of the rules.